

COOLANGATTA GOLD ... SILVER AND BRONZE

1984

1. Guy Leech (Manly) 4:30:46; 2. Lawrence Reece (Southport); 3. Craig Riddington (Manly).

1985

1. Guy Leech (Manly) 4:20:14; 2. Stephen McBean (Point Lonsdale) 4:36:55; 3. Gray Parkes (Nth Cronulla) 4:39:30.

1991

1. Michael King (Mooloolaba); 2. Darren Mercer (Thirroul); 3. David Kissane (Manly).

1992

1. Darren Mercer (Thirroul); 2. Michael King (Mooloolaba); 3. Dean Mercer (Thirroul).

2005

Long Course

Men – Open: 1. Caine Eckstein (Northcliffe) 4:20:14; 2. Jeremy Cotter (Northcliffe) 4:21:52; 3. Shannon Eckstein (Northcliffe) 4:22:59.

Relay: 1. Manly 4:14:13; 2. Redhead Comutel 4:14:51; 3. Surfers Mayfair 4:21:48.

Short Course

Women – Open: 1. Hayley Bateup (Northcliffe) 2:25:45; 2. Alicia Marriott (City of Perth) 2:27:16; 3. Elizabeth Pluimers (Northcliffe) 2:28:50.

2006

Long Course

Men – Open: 1. Zane Holmes (Northcliffe) 4.25.01; 2. Nathan Smith (Cronulla) 4.27.23; 3. Dean Mercer (Mooloolaba) 4.27.43. **30-39 years:** 1. Paul Lemmon 5:15:00; 2. Darren Naylor 5:28:20; 3. Michael Locke 5:34:00. **40+ years:** 1. John Anderson 5:24:42; 2. Scott Wood 5:30:20; 3. Colin Braund 5:37:41.

Relay – Men/Mixed: 1. North Burleigh-Tugun 4.09.57; 2. Manly 4.24.11; 3. BHMP 4.30.58. **Women:** 1. North Burleigh 5:07.39; 2. Queenscliff 5:19.49; 3. Currumbin 5:24.50.

Short Course

Women – Open: 1. Hayley Bateup (Northcliffe) 3.17.13; 2. Kristy Harris (Northcliffe) 3.17.59; 3. Elizabeth Pluimers (Northcliffe) 3.24.55.

2007

Long Course

Men – Open: 1. Rhys Drury (Mooloolaba) 4:10:58; 2. Shannon Eckstein (Northcliffe) 4:14:01; 3. Drew Cairncross (Bulli) 4:16:30. **30-39 years:** 1. Benjamin Hewitt 4:51:10; 2. Mark Stewart 5:04:04; 3. Jason Foye 5:10:23. **40+ years:** 1. Gavin Hill 4:57:21; 2. Matthew Braban 4:57:50; 3. Ian Rowling 4:59:42.

Relay – Men/Mixed: 1. Burleigh Heads 04:05:05; 2. Freshwater SLSC 04:08:00; 3. Cronulla 04:13:59. **Women:** 1. Sunshine Coasters 04:52:04; 2. North Burleigh A 04:54:28; 3. North Burleigh B 04:55:56.

Short Course

Women - Open: 1. Alicia Marriott (City of Perth) 3.22.33; 2. Elizabeth Pluimers (Northcliffe) 3.23.22; 3. Hayley Bateup (Kurrawa) 3.23.43.

Men – U19: 1. Jacob Lollback (Yamba) 3:12:49; 2. Cameron Gordon (Northcliffe) 3:18:04; 3. John-Patrick McCarthy (Bronte) 3:19:33.

2008

Long Course

Men – Open: 1. Caine Eckstein 4:14:15; 2. Tim Peach 4:16:44; 3. Nathan Smith 4:17:18. **30-39 years:** 1. Shane Whittaker 4:55:51; 2. Benjamin Hewitt 4:59:18; 3. Shane Dowel 5:02:10. **40+ years:** 1. Greg Mickle 4:46:22; 2. Jeff Lemarseny 4:55:37; 3. Michael Waide 4:59:58.

Relay – Men/Mixed: 1. T Jacobs J Nolan G Coates D Deagan 4:14:48; 2. J Stewart R Lysaught T Trembath N McCubbery 4:16:33; 3. D Sloss N Cuthbert S Hamilton S Madden 4:17:16. **Women:** 1. B Bailey K Bowlay B Lee P Cooper 5:00:25; 2. K Lowe A Miller R Crerar B Miller 5:01:17; 3. R Clarke A Clarke G Butt L Leeson 05:04:32.

Short Course

Women – Open: 1. Hayley Bateup 3:18:45; 2. Courtney Hancock 3:25:56; 3. Alyce Bennett 3:26:58. **30+ years:** 1. Ruth Highman 3:50:32; 2. Nadine Derriman 3:56:17; 3. Melinda Pelly 3:58:57.

Men – U19: 1. Hayden White 3:11:47; 2. Kendrick Louis 3:11:56; 3. Ben Hepburn 3:12:04.

2009

Long Course

Men – Open: 1. Caine Eckstein 4:00:51; 2. Dean Mercer 4:05:04; 3. Nathan Smith 4:08:35. **30-39 years:** 1. Mark Norris 4:29:32; 2. Brent McKinnon 4:40:12; 3. Luke O’Garey 4:45:35. **40+ years:** 1. Jeff Lemarseny 4:45:01; 2. Scott Sewell 4:50:39; 3. Darren Schott 4:53:11. **Relay – Men/Mixed:** 1. Freshie Gold 3:56:54; 2. Kurrawa A 4:00:01; 3. Manly 4:03:10.

Short Course

Women – Open: 1. Alicia Marriott 3:15:39; 2. Hayley Bateup 3:16.05 3. Courtney Hancock 3:18.50. **30+ years:** 1. Melinda Pelly 3:43:53; 2. Tiarne Smith 3:45:28; 3. Kylie Zikarsky 3:47:11.

Men – U/19: 1. Alex Tibbits 3:03:22; 2. Michael Booth 3:04:41; 3. Joshua Brown 3:13:03.

Relay – Women: 1. Freshie 1 3:18:19; 2. Maroochydore Swans 3:22:17; 3. Rashinol 3:24:52.

2010

Long Course

Men – Open: 1. Caine Eckstein 4:11:41; 2. Cory Hill 4:27:12; 3. Josh Minogue 4:28:35. **30-39 years:** 1. Brent McKinnon 5:06:19; 2. Benjamin Hewitt 5:13:40; 3. Stephen Kernutt 5:30:11. **40+ years:** 1. Paul Lemmon 4:57:01; 2. Shane Whittaker 4:59:40; 3. Jeff Lemarseny 5:11:56.

Relay – Men/Mixed: 1. Freshie Gold 4:23:56; 2. Grange 4:30:59; 3. Queenewroy 4:31:45. **Men U19:** 1. Currumbin Vikings Green 4:46:55; 2. The Lads 4:52:20; 3. Currumbin Vikings White 4:56:48.

Short Course

Women – Open: 1. Alicia Marriott 3:21:30; 2. Courtney Hancock 3:24:45; 3. Elizabeth Pluimers 3:25:15. **30+ years:** 1. Melinda Pelly 4:06:32; 2. Kylie Zikarsky 4:13:34; 3. Tiarne Smith 4:18:05.

Men – U19: 1. Riley McGregor 3:01:55; 2. Nick Anderson 3:03:34; 3. Tanyndon Lyndon 3:05:30.

Relay – Women: 1. Freshie Fighter Chicks 3:29:10; 2. Team Kozii 3:33:16; 3. Mighty Millers 3:49:43. **Women U19:** 1. Mbar 3:30:44; 2. Burliebudgera 3:40:17; 3. Freshie Girls 3:44:03.

2011

Long Course

Men – Open: 1. Caine Eckstein 4:15:26; 2. Nathan Smith 4:22:48; 3. Alex Tibbits 4:24:04. **30-39 years:** 1. Brent McKinnon 5:05:18; 2. Michael Jennett 5:26:32; 3. Michael Moran 5:27:05. **40-49 years:** 1.

Shane Whittaker 5:08:52; 2. Scott Sewell 5:25:01; 3 David Whiteside 5:45:04.

Relay – Men Open: 1. Left Overs 4:20:48; 2. Surfers Old/New Boys 4:27:46; 3. Collaroy 4:29:28. **Men U19:** 1. Maroochydore Try Hards 4:39:56; 2. Team South 4:44:50; 3. Wacky Waving Inflatable Arm Flailing Tube Men 4:59:10. **Mixed Open:** 1. Manly Ripped & Immature 4:50:55; 2. Three and a Half Men 5:03:44; 3. Petersons Proteges 5:17:14. **Mixed U19:** 1. Team Moses 5:06:45.

Short Course

Women – Open: 1. Courtney Hancock 3:20:42 2. Elizabeth Plumers 3:21:32 3. Hayley Bateup 3:23:06. **U19:** 1. Teisha Jenkins 3:42:57; 2. Kate Walker 3:58:24; 3. Brooke Eacott 4:02:59. **30-39 years:** 1. Tiarne Smith 4:04:02; 2. Michelle Kent 4:07:01; 3. Paula Stone 4:26:02. **40+ years:** 1. Tracey Ann Apthorpe 4:52:23; 2. Kimberley Fleming 4:55:37; 3. Julie Cummings 5:15:24.

Men – U19: 1. Jake Nicholson 3:16:04 2. Luke Cuff 3:24:05 3. Samuel Bull 3:24:14. **50+ years:** 1. Matthew Braban 3:45:32; 2. Glen Lawrence 3:52:17; 3. Kim Harker 3:54:43.

Relay – Women Open: 1. Manly A 3:26:48; 2. Lanky Funks And The Bean Pole 3:31:38; 3. Maroochydore Swans 3:34:28. **Women U19:** 1. Maroochydore Cygnets 3:39:23; 2. Team Shark Bait 3:44:51; 3. Ripper Of A North Burleigh Nipper 3:48:31.

2012

Long Course

Men – Open: 1. Alistair Day 03:47:25; 2. Alex Tibbits 03:52:33; 3. Josh Minogue 03:54:33. **30-39 years:** 1. Ben Marshall 04:20:07; 2. Brent McKinnon 04:21:23; 3. Luke O'Garey 04:22:03. **40-49 years:** 1. Paul Patrick 04:33:02; 2. Craig Burke 04:33:36; 3. Carl Greenhalgh 04:37:03.

Relay – Men Open: 1. Whitten 4:03:43; 2. Team Sputnik 4:10:10; 3. Mermen 4:10:59. **Mixed:** 1. Trim 4:08:15; 2. Burleigh Gold 4:20:09; 3. Mercers Mercenaries 4:29:56.

Short Course

Men – Open: 1. Jake Little 3:21:06; 2. Scott Sewell 3:37:37; 3. Jake Walsh 3:41:10. **U-19:** 1. Max Brooks 3:08:09; 2. Lachlan O'Grady 3:14:00; 3. Benjamin Zuill 3:15:00. **50+ years:** 1. Kim Harker 3:28:35; 2. Glen Lawrence 3:31:46; 3. Ian Wright 3:38:54.

Women – Open: 1. Brodie Moir 2:58:13; 2. Courtney Hancock 2:58:51; 3. Bonnie Hancock 3:01:33. **U19:** 1. Alyssa Bull 03:28:06; 2. Olivia Hall 03:37:23; 3. Brooke Neumann 03:38:31. **30-39 years:** 1. Michelle Kent

03:53:45; 2. Nadine McCubbery 04:01:44; 3. Tamiel Benjamin 04:04:23.
40+ years: 1. Heli Murray 03:52:28; 2. Kimberley Fleming 04:17:12; 3. Kym O'Halloran 04:23:42.

Relay – Men U19: 1. Alex A's 3:01:13; 2. Blackswans 3:08:46; 3. Coast Busters 3:10:25. **Women Open:** 1. Maroochy Swans 3:19:49; 2. Team Kozii 3:30:17; 3. Girls Go Fast 3:31:08. **Women U19:** 1. Noosa Girls 3:36:26; 2. Team Wanda 3:41:44. **Mixed U19:** 1. Mermaid 3:13:01; 2. BHMP Groms 3:32:36; 3. Sydney's Finest 3:35:01.

2013

Long Course

Men – Open: 1. Ali Day 3:54:40; 2. Nathan Smith 4:01:13; 3. Josh Minogue 4:01:37. **30-39 years:** 1. Brent McKinnon 4:31:34; 2. Tim Jennett 4:36:31; 3. Boyd Conrick 4:36:46. **40-49 years:** 1. Ashley Massie 4:40:27; 2. Glenn Clatworthy 4:42:51; 3. Dean Hyland 4:43:29.

Women – Open: 1. Elizabeth Pluimers 4:19:39; 2. Brodie Moir 4:27:07; 3. Courtney Hancock 4:28:27

Relay – Men Open: 1. The Z Chills 3:56:06; 2. Redhead 3:58:41; 3. Pair Of Fives 3:58:50. **Mixed:** 1. Three Men & A Lady 4:12:34; 2. Delta 6 4:30:59; 3. Coffs Force 4:34:03.

Short Course

Men – Open: 1. Kendrick Louis 3:11:21; 2. Pierce Leonard 3:14:33; 3. Bradley Doughan 3:37:54. **U19:** 1. Lindsey Lawry 3:15:54; 2. Max Brooks 3:17:22; 3. Alex Wright 3:17:56. **50+ years:** 1. Glen Lawrence 3:44:19; 2. Kim Harker 3:48:54; 3. David O'Grady 4:01:21.

Women – Open: 1. Alyssa Bull 3:32:02; 2. Jess Suriano 3:35:45; 3. Olivia Hall 3:47:54. **U19:** 1. Peggy Harris 3:44:08; 2. Georgina McDermott 3:45:15; 3. Karlee Nurthen 3:48:07. **30-39:** 1. Tamiel Benjamin 4:14:03; 2. Paula Stone 4:19:45; 3. Fiona Day 5:17:37. **40-49:** 1. Kylie Zikarsky 4:05:29; 2. Heli Murray 4:10:44; 3. Jodi Kappler 4:51:38.

Relay – Men U19: 1. Slippy & The Fat Whale 3:20:48; 2. Fat Whale Fins 3:21:54; 3. Alex Black 3:23:11. **Women Open:** 1. Maroochy Swans 3:28:28; 2. Team Kozii 3:34:20; 3. AMPD 3:34:53. **Women U19:** 1. Maroochy Cygnets 3:43:51; 2. #NC Chargettes 3:57:03; 3. Currumbin Girls 3:58:44. **Mixed U19:** 1. Team Elouera 3:35:41; 2. Choose Life 3:50:37.

2014:

Long Course

Men – Elite: 1. Josh Minogue 4:12:10; 2. Jake Nicholson 4:19:47; 3. Samuel Bull 4:25:03. **20-29 years:** 1. Brad Mitchell 5:37:42; 2. James Fennell 5:55:45. **30-39 years:** 1. Ben Bolewski 4:56:04; 2. Luke O’Garey 4:56:19; 3. Chad Poland 5:00:04. **40-49 years:** 1. Mark Forrester 4:50:52; 2. Boyd Conrick 5:00:02; 3. Shane Whittaker 5:02:37. **50+ years:** 1. Glen Lawrence 4:58:57; 2. Grant Kenny 4:58:57; 3. Kim Harker 5:01:42.

Women – Elite: 1. Elizabeth Pluimers 4:46:33; 2. Rebecca Creedy 4:49:48; 3. Naantali Marshall 5:01:03. **40-49 years:** 1 Sarah Davis 7:25:44.

Relay – Men Open: 1. Queenscliff Gold 4:05:17; 2. Headland Boys 4:06:37; 3. Zchill 4:07:44. **Men Masters:** 1. Hav’n A Go 4:25:04; 2. Mailbu Maters 4:38:23; 3. The Team That Beat The Col’s Team 5:00:03.

Women Open: 1. Swanettes 4:52:40; 2. Jay Hach 5:00:43. **Mixed Open:** 1. Dee Why Surprise 4:19:36; 2. Team Moses 4:48:29; 3. Kozii Blue Crew 4:51:29. **Mixed Masters:** 1. Team Strike 5:30:11; 2. One Hit Wonders 5:32:10; 3. Nelson Bay Crusties 6:02:40.

Short Course

Men – Elite: 1. Jackson Cosgrove 3:25:15; 2. Joel Erskine 3:48:09; 3. Trent Harrison 3:52:47. **U19:** 1. Alex Wright 3:18:34; 2. Bobby Byrne 3:26:50; 3. Matthew Zuill 3:29:09. **20-29 years:** 1. James Haigh 4:20:04; 2. Andrew Selosse 4:22:17; 3. Mark Dalziel 4:26:13. **30-39 years:** 1. Richard Lewis 3:50:54; 2. Mick Magurren 3:57:13; 3. Christopher Wight 3:58:49. **40-49 years:** 1. Scott Sewell 3:53:43; 2. Sean Harvie 4:01:47; 3. Chris Walker 4:01:51. **50+ years:** 1. Michael Kirkby 4:03:03; 2. Robert Harney 4:19:56; 3. Scott Unicomb 4:20:44.

Women – Elite: 1. Allie Britton 3:54:39; 2. Ella Coates 4:04:37; 3. Montannah Murray 4:10:24. **U19:** 1. Ellie Picken 3:48:03; 2. Alexandra Nolan 4:04:53; 3. Stephanie Purser 4:07:38. **20-29 years:** 1. Maddison Murray 4:06:39; 2. Cher Allen 4:13:37; 3. Molly Lean 4:53:52. **30-39 years:** 1. Anna Fyfe 4:16:45; 2. Andrea Miller 4:23:56; 3. Melanie Driscoll 4:29:58. **40-49 years:** 1. Helen Murray 4:16:24; 2. Louise Santos 4:27:38; 3. Julie Stanton 4:39:17. **50+ years:** 1. Chris Outteridge 6:00:52; 2. S Herbert 6:28:37.

Relay – Men Open: 1. The Ring Worms 3:21:21; 2. Talle Average 4:17:44; 3. 3 Boys And An Old Man 4:46:56. **Men U19:** 1. Southport Yellow 3:24:36; 2. Young Guns 3:27:39; 3. Southport Blue 3:31:38. **Men Masters:** 1. Brunswick Hookers 3:54:03; 2. Curl Curl Masters Gold 3:59:33; 3. NBSLC Masters 4:09:52. **Women Open:** 1. Southport Girls 3:59:31; 2. Ocean Gypsies 4:03:16; 3. North Bondi Babes 4:06:42.

Women U19: 1. Bluff Babes 3:41:55; 2. Free Call After 8 3:55:44; 3. Talk To Text 4:03:34. **Women Masters:** 1. Bondi Angels 4:29:06; 2. Gatta Girls 5:06:44; 3. Mt Martha Mavericks 5:09:30. **Mixed Open:** 1.

TPPFC 4:08:15 2. Beachside Osteo Mordialloc 4:14:50 3. Curl Curl Mixed Open 4:33:35. **Mixed U19:** 1. Coffs Gold 3:45:28. **Mixed Masters:** 1. Team Stingray 4:58:38.

2015

Long Course

Men – Elite: 1. Ali Day 3:42:04; 2. Nathan Smith 3:44:59; 3. Jeremy Cotter 3:45:59. **20-29 years:** 1. Bradley Vening 4:40:52; 2. Shaun Armstrong 4:45:57. **30-39 years:** 1. Tim Jennett 4:20:00; 2. Nathan Stewart 4:29:46; 3. Luke Caldwell 4:36:36. **40-49 years:** 1. Mark Forrester 4:14:54; 2. Russell Cooper 4:22:20; 3. Scott Sewell 4:33:48. **50+ years:** 1. Timothy Mandeville, 4:46:57; 2. Bill Strachan, 5:06:57. **Women – Elite:** 1. Elizabeth Plumers 4:03:08; 2. Brodie Moir 4:05:35; 3. Rebecca Creedy 4:14:43. **30-39 years:** 1. Tiarne Smith, 4:55:00. **50+ years:** 1. Amanda Hanmer, 5:23:23.

Relay – Men Open: 1. Speeders 3:50:21; 2. Butts Team 3:52:15; 3. The Grange Pirates 3:54:39. **Men Masters:** 1. Mad Mackerels 4:32:48; 2. Wauchope Bonny Hills 4:42:59; 3. Cronulla Masters 4:43:24. **Women Open:** 1. BMD Northcliffe 4:11:36; 2. Freshie Girls Senior 4:42:02. **Women Masters:** 1. Navoca 4:49:00. **Mixed Open:** 1. Avoca Arsenal 4:10:07; 2. Team Jones 4:26:10; 3. Two Stars Down 4:52:41. **Mixed Masters:** 1. The Phingles 4:45:15; 2. Coogmopolitan 4:55:18; 3. Boris and Bocos 5:06:22.

Short Course

Men – Elite: 1. Nathan Gray 3:19:09; 2. Bobby Byrne 3:19:36; 3. Daniel Hart 3:23:40. **U19:** 1. Alex Wright 3:10:29; 2. Jackson Borg 3:17:28; 3. Tainui Kaihau 3:17:43. **20-29 years:** 1. Jonty Dodson 3:50:11; 2. Harrison Yandle 4:21:45; 3. Owen Miller 4:22:41. **30-39 years:** 1. Adam Jeffrey 3:39:22; 2. Andre Dalton 4:02:12; 3. Jonathan Fyfe 4:06:35. **40-49 years:** 1. Boyd Conrick 3:41:26; 2. Jamie Hole 3:53:02; 3. Carl Greenhalgh 3:57:24. **50+ years:** 1. James Marsh 3:59:10; 2. Michael Kirkby 3:59:42; 3. David O'Grady 4:12:05.

Women – Elite: 1. Allie Britton 3:34:59; 2. Greta Petersen 3:40:40; 3. Jessica Miller 3:48:04. **U19:** 1. Grace Rosato 3:55:33; 2. Zoe Lunardelli 4:10:07; 3. Tahlia Kollen 4:11:53. **20-29 years:** 1. Maddie Spencer 3:55:21; 2. Madi Quinn 4:14:24; 3. Emma Lockhart 4:18:53. **30-39 years:** 1. Tamiel Benjamin 4:14:20; 2. Amy Teale 4:20:03; 3. Fiona Tschaut 4:36:04. **40-49 years:** 1. Heli Murray 4:12:20 2. Joanne Kay 4:43:30 3. Bec Crawford 5:10:06.

Relay – Men Open: 1. BMD Northcliffe Billy G.O.A.T 3:08:15; 2. LHM 3:16:51; 3. DY Young Guns 4:26:24. **Men U19:** 1. BMD Northcliffe Young Guns 3:05:58; 2. Headland Boys 3:15:46; 3. Team Taco 3:21:40. **Men Masters:** 1. Masters of Cooly 3:43:11; 2. Done & Dusted 3:50:26;

3. Brunswick Master Blasters 3:51:46. **Women Open:** 1. Maroochy Swans 3:32:29; 2. That Blonde Team 3:53:08; 3. North Cronulla Gold 3:54:22. **Women U19:** 1. Maroochy Cygnets 3:35:43; 2. KSLM 3:41:43; 3. Freshie Girls JNR 4:03:20. **Women Masters:** 1. O-Port-Unity 4:13:00; 2. Manly Angels 4:20:00; 3. Gatta Gladiators 05:30:00. **Mixed Open:** 1. Gold Super Team 3:47:03; 2. Pink Fish 4:00:58; 3. Curl Curl Sea Eagles 4:05:02. **Mixed Masters:** 1. Avoca Masters Gold 4:13:25; 2. Two Bricks and a Chick 4:21:34; 3. North Curl Curl Masters 4:41:56.

2016

Long Course

Men – Elite: 1. Ali Day 3:54:30; 2. Matt Bevilacqua 4:05:08; 3. Alex Wright 4:05:10. **19-29 years:** 1. Matthew Gilling 4:46:35; 2. James Haigh 5:19:57; 3. Thomas McMorrow 5:23:09. **30-39 years:** 1. Chad Poland 4:40:19; 2. Glenn Coltman 4:45:24; 3. Tim Jennett 4:48:44. **40-49 years:** 1. Mark Forrester 4:42:34; 2. Andrew Keegan 5:09:14; 3. Michael Jennett 5:13:25. **50+ years:** 1. Andrew Buhk 4:55:07; 2. Bruckner Chase 5:38:42; 3. Scott Oxenford 5:45:35.

Women – Elite: Courtney Hancock 4:29:08; Allie Britton 4:31:54; Rebecca Creedy 4:36:13. **30-39 years:** 1. Tiarne Smith 5:15:50; 2. Amanda Bowman 6:00:32; 3. Lia Trebilcock 6:29:45.

Relay – Men Open: 1. Central Engineering Currumbin 4:01:14; 2. Team Manly 2 4:07:31; 3. Team Manly 1 4:08:24. **Men Masters:** 1. Terrigal Masters 4:26:35; 2. Mt Keira Podiatry 4:36:15; 3. Mad Mackerels 4:44:10. **Women Open:** 1. The Pelicans 5:08:50; 2. Leo Legends 5:26:53. **Women Masters:** 1. Manly Gold Diggers 5:09:59. **Mixed Open:** 1. Team Harambe 4:13:19; 2. Team Jones 4:53:54; 3. SBBR 5:10:17. **Mixed Masters:** 1. Wauchope Bonny Hills – Expressway Spares 4:46:26.

Short Course

Men – Elite: 1. Nick Plummers 3:19.36; 2. Ben Cochrane 3:22.48; 3. Bobby Byrne 3:23.50. **U19:** 1. Campbell Guthrie 3:16.12; 2. Grant Harris 3:17.10; 3. Bailey Williams 3:19.04. **19-29 years:** 1. Beau Bailey 3:49.13. **30-39 years:** 1. Adam Jeffrey 3:34.41; 2. Rick Lavery 3:48.22; 3. Matt Mosey 4:01.06. **40-49 years:** 1. Matthew Gibbs 3:37.54; 2. John Clothier 3:41.37; 3. Sean Harvie 3:47.02. **50+ years:** 1. Steve Coulter 3:35.12; 2. Craig Sly 3:38.38; 3. Nick Carroll (Newport) 3:54.10. **Mates Wave:** 1. Zan Gamble 4:01.45; 2. Nicolas McConnell 4:37:29; 3. Peter McConnell (Freshwater) 4:48.53.

Women – Elite: 1. Nadi Canning 3:33.16; 2. Phoebe Savage 3:39.58; 3. Sally Watson 3:52.31. **U19:** 1. Grace Kaihau 3:30.20; 2. Abigail Pugh 3:32.20; 3. Brielle Cooper 3:36.21. **19-29 years:** 1. Emma Lockhart 4:02.41 2. Kelly Trim 4:29.32. **30-39 years:** 1. Triona McMenamin

4:04.36; 2. Kristy Craft 4:25.19; 3. Camille De Carmejane 4:28.54. **40-49 years:** 1. Heli Murray 3:56.54; 2. Tamiel Benjamin 4:05.33; 3. Raelene Myers 4:30.24. **50+ years:** 1. Alison Pegg 4:01:15. **Relay – Men Open:** 1. CBV 3:08.10; 2. The O7's 3:20.45; 3. Cronulla Young Guns 3:27.38. **Men U19:** 1. Engine Lads 3:05.33; 2. Team Manly 1 3:08.34; 3. Black Swan Boys 3:12.37. **Men Masters:** 1. Cronulla Black 3:31.05; 2. Masters of Cooly 3:36.59; 3. The Original Poster Boys 3:43.32. **Mates Wave:** 1. Shaw and Partners 4:45.11. **Women Open:** 1. Westies Chicks 3:41.02; 2. Blue Black and White 3:53.01; 3. SPG's 4:05.41. **Women U19:** 1. Team Manly 2 3:24.18; 2. Swan Girls 3:29.39; 3. YTC 3:35.06. **Women Masters:** 1. North Bondi 4:06.57; 2. Wauchope Bonny Hills - Victorious Secret 4:07.38; 3. Gatta Girls 4:41.31. **Mixed Open:** 1. Stupid Sexy Flanders 3:23.12; 2. Mordi 3:41.06; 3. Chafing The Dream 3:43.14. **Mixed Masters:** 1. Brunswick Blasters 3:41.16; 2. Wauchope Bonny Hills - Mackerel Munchers 3:43.30; 3. Byron's Sunbeam Mix Masters 3:47.56.

GOLD COAST GOLD WINNERS

1989 - Guy Leech

1991 - Jonathan Crowe

1995 - Scott Reeves