

AUSTRALIAN TEAM MEDIA GUIDE

14th - 22nd OCTOBER 2012



BARFOOT & THOMPSON WORLD TRIATHLON

GRAND FINAL
AUCKLAND



COMPETITION SCHEDULE

SUNDAY 14TH OCTOBER

8.00am Weet-Bix kids TRYathlon

WEDNESDAY 17TH OCTOBER

2.00pm Aquathlon World Champs

SATURDAY 20TH OCTOBER

6.55am 3:5:3 Solo Triathlon

9.15am U23 Women

12.16pm Elite Women

3.15pm U23 Men

SUNDAY 21ST OCTOBER

6.55am 3:5:3 Teams Triathlon

11.00am Junior Women

1.06pm Elite Men

4.00pm Junior Men

MONDAY 22ND OCTOBER

6.55am Age Group – Sprint World Champs

8.30am Age Group – Standard distance World Champs

3.15pm Paratriathlon World Champs

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WORLD TRIATHLON CHAMPIONSHIPS 2012

TEAM LIST

ELITE

Males

Brendan Sexton (VIS/AIS)

Females

Erin Densham (VIS/AIS)

Ashleigh Gentle (QAS/AIS)

Felicity Sheedy-Ryan (WAIS)

Felicity Abram (QAS/AIS)

UNDER 23S

Males

Josh Amberger (QLD)

Aaron Royle (NSWIS)

Ryan Fisher (QAS)

Ryan Bailie (NSWIS)

Females

Natalie Van Coevorden (NSWIS)

Charlotte McShane (NSWIS)

Ashlee Bailie (NSWIS)

JUNIOR

Males

Marcel Walkington (VIS)

Kenji Nener (WA)

Joel Tobin-White (VIC)

Females

Tamsyn Moana-Veale (NSWIS)

Ellie Salthouse (QLD)

Emily Bevan (QLD)

PARATRIATHLETES

Males

Bill Chaffey (NSW)

Dale Grant (VIC)

Michael Milton (ACT)

Jonathan Goerlach (NSW)

Fraser Dowling (NSW) pilot

Females

Claire McLean (WA)

TEAM MANAGEMENT

National Performance Director: Michael Flynn

Head Coach: Shaun Stephens

U23 Coach: Jamie Turner

Junior Coach: Craig Redman

Coach: Craig Walton

Dietician / Sports Science and Medicine

Coordinator: Greg Cox

Assistant manager: Emma Whitelaw

Physiotherapy and Massage: Dean Sullivan

Mechanics: Josh White/ Steve Wallis

Media Liaison: Ian Hanson

ELITE PROFILES

MEN

Brendan Sexton (VIS/AIS)

WOMEN

Erin Densham (VIS/AIS)
Ashleigh Gentle (QAS/AIS)
Felicity Sheedy-Ryan (WAIS)
Felicity Abram (QAS/AIS)



PROFILE#1 BRENDAN SEXTON

DOB: July 6th, 1985 **Age:** 26 **Born:** Maitland, NSW **Hometown:** Melbourne, Vic **Lives:** Melbourne/Vitoria-Gasteiz, Spain **Institute:** VIS, AIS

Sponsors: 2XU, Parlee Cycles, Oakley, Nike,

Major Achievements:

2012: Selection in Australian London Olympic team, ITU Oceania champion,
2011: 2 x World Cup Podium (1 win); 4th World Championship Series event Sydney

2011-12 goals:

Ultimate goal: Olympic Gold medal, ITU World Champion

Personal:

Something we don't know about you: I've cut my own hair since I left home when I was 18

What I love about Triathlon: The people and the places

Ultimate Relaxation: Anything lazy at twilight

One thing you can't live without: Chocolate coated items

Activities away from Triathlon: Wikibingeing (To read lots of Wikipedia articles in a row. Usually done by simply following links in text to other articles).

Favourite:

Movies: Snatch

TV Shows: Wilfred

Food: Chocolate

Drink: Coffee

Hobbies: Scoping ideal tyre swing locations in the local area where I am.

Last Book Read: High Fidelity - Rob Gordon

What's your greatest asset: Strong teeth

Who has been the biggest influence on your life: Parents

Have you encountered any obstacles in your career: Everyday

Athlete in Triathlon: Craig Alexander

Athlete: Kelly Slater

Notable Quote: "Dare to struggle, dare to win." #

TRI-FACTA

If Erin Densham can maintain the rage and triumph in Auckland she will join eight Australians who have won 13 ITU World Championships between them since Michellie Jones (1992, 1993) and then Emma Carney (1994, 1997), Jackie Gallagher (1996), Joanne King (1998), Loretta Harrop (1999), Nicole Hackett (2000), Emma Snowsill (2003, 2005, 2006) and Emma Moffatt (2009, 2010 – far and away the most of any country since the first ITU World Championship in 1989.





PROFILE#2 FELICITY ABRAM

DOB: August 16, 1986 **Age:** 25 **Born:** Brisbane **Hometown:** Brisbane **Lives:** Leeds, UK

Coach: Malcom Brown, Jack Maitland

Institute: AIS, QAS

Sponsors: 2XU, Specialized, Endura, Oakley

Major Achievements

2003 World Junior Champ, Queenstown NZ

2005 elite 6th World Champs Gamagori, Japan

2006 elite 3rd World Champs, Lausanne, Switzerland

2008 number 1 ranking World Cup Series

2008 4 x World Cup podiums: New Zealand, South Africa, Hamburg, Tizivarjos.

2008 runner up World Cup Series

2010 ranked Dextro World champs series

2011 ranked Dextro World champs series

2012 goals: Due to an injury/illness interrupted season, would love to end the WTS on a high.

Ultimate goal: Olympic Gold

Personal:

Family: Mum, Louisa. Dad, Bill. Twin brother Geoff.

Studies/occupation (School/University): Completed most of school studies at Brisbane Girls Grammar school before finishing at St Peters Lutheran college under sporting scholarship. Also have a cert 4 in personal training

Something you don't know about me:

Find out at www.felicityabram.com

What I love about Triathlon: Traveling ,training and racing in different parts of the world with great friends.

Ultimate Relaxation: Being somewhere quiet outside in the bush or countryside if it's a nice day . Or snugged up next to a fire place if it's cold!

One thing you can't live without: Fresh air

Activities away from Triathlon: Traveling, socialising.

Favourite:

Sporting Team: The Wallabies

Movie: Gladiator

TV Shows: A good documentary.

Bands/Music: Bob Marley, Reggae & some pop

Food: Any good meat, salad, roast vegies. Sticky Date Pudding, ice cream.

Drink: Cider

Hobbies: Stock whip cracking, painting

Pets: Blue stuffy 'Marley'

Last Book Read: 50 shades of grey

What's your greatest asset: Relaxing

Who has been the biggest influence on your life:

My dad, Brett Sutton

Have you encountered any obstacles in your career:

Injuries & illness

Triathlete: Alistair Brownlee

Athlete: Muhammad Ali

Notable Quote: "Float like a butterfly sting like a bee" #



PROFILE#3 ERIN DENSHAM

DOB: 3/5/85 Age: 27 Born: Campbelltown, NSW Institute: VIS, AIS

Coach: Dean Golich

Major Achievements:

- Bronze - London 2012 Olympics
- 1st - 2012 Triathlon World Championship Series (Sydney, Australia)
- 1st - 2012 Triathlon World Championship Series (Hamburg, Germany)
- 1st - 2012 Mooloolaba World Cup (Mooloolaba, Australia)
- 2nd - 2012 Triathlon World Championship Series (San Diego, USA)
- 5th - 2012 Triathlon World Championship Series (Stockholm)
- 5th - 2012 Triathlon World Championship Series (Yokohama, JPN)
- 3rd - 2012 Oceania Championships (Devonport, Australia)
- 7th - 2011 Triathlon World Championship Series (Hamburg, Germany)
- 8th - 2011 Triathlon World Championship Series (Kitzbuehel, Austria)
- 5th - 2011 Triathlon World Cup (Ishigaki, Japan)
- 22nd Beijing 2008 Olympics
- U/23 World Triathlon Champion in Switzerland, 2006
- Australian Olympic and Sprint Distance Triathlon Champion and the Oceania Olympic Distance Triathlon Champion in 2007
- Triathlon Australia Emerging Athlete of the Year in 2007,

Ultimate goal: To be the best that I can be, enjoy the journey and to look back on my career with no regrets.

Personal:

- Live a happy, healthy life
- Family:** Mum, Dad, 2 brothers and a wonderful fiancé.
- Something we don't know about you:** I'm sure there are a few things.
- One thing you can't live without:** Tomato Sauce (Ketchup)

Favourite:

- Movies:** Pretty Women, Notting Hill
- TV Shows:** Friends, Big Bang Theory, Friday Night Lights
- Bands/Music:** Anything I can sing and dance to.
- Food:** Salmon
- Drink:** Coffee (but after one it's onto decaf)
- Pets:** It's hard to have a pet when I travel so much. But I would very much like to get a Pug one day
- Last Book Read:** After reading 50 Shades of Grey all other books seem so boring
- Who has been the biggest influence on your life:** There are many people/things that influence me in different ways.

Have you encountered any obstacles/setbacks/injuries/illness

in your career: Heart condition (SVT); Hamstring Tendonopathy; Glandular Fever and some other injuries. (In 2009, Densham collapsed and was pulled from the water at a triathlon in Des Moines, Iowa. Densham was diagnosed with supraventricular tachycardia (racing heartbeat) and was forced to drop out of several major competitions and eventually have surgery.) #

TRI-FACTA

Erin Densham competed in swimming and cross country at NSW State level when at school and decided to combine her strengths at 16 when she took up triathlon. She announced herself on the world triathlon scene when she won the U/23 World Championship in Switzerland.



PROFILE#4 ASHLEIGH GENTLE

DOB: 25th February, 1991 **Age:** 21 **Born:** Brisbane **Hometown:** Gold Coast **Lives:** Gold Coast **Institute:** QAS, AIS

Coach: Craig Walton

Sponsors: Rocket Science Sports

Major Achievements:

7 top tens from 7 WTS race starts
 1st Tiszaujvaros World Cup 2012
 3rd Banyoles World Cup 2012
 6th Yokohama World Series Race 2012
 7th Hamburg World Series Race 2012
 2nd Devonport Oceania Championships 2012
 5th Lausanne Sprint World Championships 2011
 9th London debut World Series Race 2011
 1st Edmonton World Cup 2011
 1st Mooloolaba Oceania Cup 2011
 1st Junior World Championship, Budapest 2010
 Dual Silver medallist at World Junior Championships 2007/2008

2012 goals: Win a World Championship Series race.

Ultimate goal: Gold at 2016 Rio Olympics

Personal goal:

Be an ambassador for triathlon, complete my nutrition degree, follow my dreams in opening my own business and one day have a family!

Family: Mother, Father, two brothers

Studies/occupation: Student at Griffith University on the Gold Coast studying Nutrition

Something you don't know about me: I enjoyed team sports when I was younger, playing touch football and netball for 7 years each. I made the South Coast Touch team before I made the running team.

What I love about Triathlon: The diversity, challenges and personal growth you undertake. I love meeting new people, discovering new places, experiencing different cultures and living a healthy life. I love racing.

Ultimate Relaxation: Going to the Beach, coffee shops, fishing and picnics in the Gold Coast or Brisbane hinterland.

One thing you can't live without: My Family

Activities away from Triathlon: Baking, studying, catching up with friends, fishing, beach.

Favourite:

Sporting Team: The Diamonds (Netball)

Movies: Snatch

TV Show: Modern Family

Food: Seafood, dark chocolate

Drink: Soda water from my soda maker

Hobbies: Baking and now blogging

Pets: Cat

Last Book Read: The Diary of Anne Frank

What's your greatest asset: Perseverance

Who has been the biggest influence on your life: My Parents

Have you encountered any obstacles in your career: Yes, definitely, they can only make you stronger and more determined.

Triathlete: Loretta Harrop

Athlete: Cathy Freeman

Notable Quote: "Through adversity comes strength." #



PROFILE#5 FELICITY SHEEDY-RYAN

DOB: 12/02/85 Age: 27 Born: Australia, Perth, WA Institute: WAIS

Coaches: Grant Landers, Mel Tantrum (swim)

Major Achievements (Year/Event/Place):

2012 World Duathlon Champion, France
2011 Winner of European Cups, Geneva and Banyoles
2010 Bronze Medal World Duathlon Championships, Scotland
2009 Bronze medal World Cup, Tiszaujvaros

2012-13 goals:

Race WTS series, and Grand Final
Race some 70.3 and/or 50.1.50 events
Improve my swim

Ultimate goal: Represent Australia at the Commonwealth and Olympic Games

Personal: Single with one Sister, Mum, Dad

Studies/occupation (School/University): Finished a degree in Sport Science and Dip Ed

Something we don't know about you: I held the school high jump record!

Other interesting facts: I'm a vego

Outside Triathlon: Chilling with friends, beach, road trip!

Ultimate Relaxation: At the beach, massage, or a nice walk in the outdoors.

One thing you can't live without: Oxygen I believe!?

Activities away from Triathlon: Surfing, snorkeling, dancing

Favourite:

Movies: Anchor Man, The Goonies, Top Gun

TV Shows: Family Guy

Bands/Music: Quite an eclectic mix from Yeasayer, La Roux, Old School, Crowded House.

Food: Sushi, Gelato, Mangoes

Drink: Fruit Smoothies, Spearmint milk, and cocktails

Hobbies: Dancing, Snorkeling, Surfing, walking

Pets: Dog, Cats, Fish, Birds

Last Book Read: I'm on the "50 Shades of Grey" bandwagon

Who has been the biggest influence on your life:

Parents and my sister.

Have you encountered any obstacles/setbacks/injuries/illness

in your career: I think every triathlete would have to answer yes here.

Notable Quote: "When the going gets tough, the tough get going." #

TRI-FACTA

Of the 18 women's medals awarded between 1995 and 2000 at the ITU Triathlon World Championships - 13 of them were won by Australians - five of them gold.

UNDER 23's PROFILES

MEN

Josh Amberger (QLD)
Aaron Royle (NSWIS)
Ryan Fisher (QAS)
Ryan Bailie (NSWIS)

WOMEN

Natalie Van Coevorden (NSWIS)
Charlotte McShane (NSWIS)
Ashlee Bailie (NSWIS)



PROFILE#1 JOSH AMBERGER

DOB: 12/04/89 Age: 23 Born: Brisbane Lives: Brisbane

Coach: Self coached

Major Achievements:

2012- 1st Singapore 70.3; 7th Las Vegas 70.3 World Championship; 7th Hy-Vee 5150 Championship

2012-13 goals:

Medal 2012 ITU World Championship
1st Noosa Triathlon 2012
Medal 2013 Las Vegas 70.3 World Championship
Medal 2013 Hy-Vee 5150 Championship

Ultimate goal: World Champion in multiple formats

Personal:

Studies/occupation (School/University): BA at University of Queensland

Interesting facts: My sister Eloise is a 2xOlympian for synchronized swimming

Ultimate Relaxation: Listening to obscure vinyls from the metal underground

One thing you can't live without: Music & my girlfriend

Activities away from Triathlon: Fishing, camping and anything outdoors

Favourite:

Movies: In The Loop

TV Shows: The Thick of It, Trailer Park Boys

Bands/Music: Panopticon, Esoteric, Irreversible, Paysage d'Hiver, Lunar Aurora, Ahab, Mglá

Food: Singapore Laksa

Drink: Black coffee, sparkling water, G&T

Hobbies: Music, fishing

Last Book Read: Robert Fisk "The Great War for Civilisation"

What's your greatest asset: Independence

Who has been the biggest influence on your life:

Ash my girlfriend

Have you encountered any obstacles/setbacks/injuries/

illness in your career: Plenty. Sometimes the frameworks that are designed to support athletes only hold them back. I'm lucky to have good health & a robust body.

Athlete in Triathlon: Anyone who is fearless

Notable Quote: "Number one rule, stay cool." #

TRI-FACTA

Australia's men have won six gold medals at the ITU World Championships – three of them to Peter Robertson in 2001, 2003 and 2005. Robertson also won silver in 2000 and 2002. The remaining gold medals were won by our first world champion Greg Welch in 1990, while Miles Stewart won the crown in 1991 and Chris McCormack in 1997.



PROFILE#2 RYAN FISHER

DOB: April 5, 1991 **Age:** 21 **Born:** Brisbane, Australia **Hometown:** Brisbane, Australia **Lives:** Brisbane, Australia

Coach: Dan Atkins, David Lush

Institute: QAS

Sponsors: Avanti, Nike, Peak Fuel Nutrition, Queensland Academy of Sport

Major Achievements:

Australian Junior Champion 2010
Australian U23 Champion 2011
3rd Auckland World Cup 2011
4th Tiszaujvaros World Cup 2012

2012-13 goals: U23 World Champion, Auckland

Ultimate goal: Olympic and World Champion

Personal:

Family: Mum, Dad, older sister and younger brother.

Something you don't know about me: I enjoy watching chick flicks

What I love about Triathlon: I love the lifestyle that comes with it

Other interesting facts: I've always wanted to try Surf ironman and win the Coolangatta Gold.

Ultimate Relaxation: Surf trip with friends

One thing you can't live without: Friends and family

Favourite:

Sporting Teams: Brisbane Broncos and Qld Reds

Movies: Never Back Down

TV Shows: Entourage

Bands/Music: Angus and Julia Stone, Dapht, Kid Ink

Food: Lollies

Drink: Chocolate Milkshake

Hobbies: Surfing, wake boarding and seeing friends

Pets: 1 dog (Jordie)

Who has been the biggest influence on your life:

Mum and Dad

Have you encountered any obstacles in your career:

Stress reaction in my shin

Athlete: Caine Eckstein

Notable Quote: "Fear none, respect all." #



PROFILE#3 AARON ROYLE

DOB: January 26, 1990 **Age:** 22 **Born:** Newcastle, Australia **Hometown:** Newcastle **Lives:** Wollongong

Coach: Jamie Tunner

Institute: NSWIS

Sponsors: NSWIS, 2XU, Giant, Spearmans Cycles, Saucony, Greater building society, Oakley & my PARENTS!

Major Achievements:

1st 2012 Oceania Championships, Kinloch, New Zealand (sprint distance)

3rd 2012 Oceania Championships, Devoonport, Australia (Olympic distance)

2 top 20's in my first season racing on the ITU World triathlon series

2nd 2011 Oceania Championships, Wellington, New Zealand.

2 top 10's at World Cup in 2011. Edmonton, Canada.

Huatulco, Mexico.

Represented Australia at the World Championships. 2009 Gold Coast (Junior) 2011 Beijing (under 23)

Personal:

Family: Mum – Kim, Dad – Ken, Brother – Nathan (24)

Something we don't know about you: Once had the fastest 200m butterfly time in the world in 2001 for an 11-year-old. True story!

What I love about Triathlon: Lifestyle, things you see people you meet. The feeling you have when you've been able to nail something in a race that you've been training to do.

UNDER 23'S PROFILES

Outside Triathlon: Golf (fading obsession), Beach, Friends, work (pool lifeguard)

Ultimate Relaxation: Going to sleep when it's raining.

Favorite Sporting Team/s: Newcastle Sydney Swans, Knights, Newcastle Jets (Don't follow the A League very closely)

Movies: Fracture

TV Shows: Dexter, Californication, Prison break,

Food: Chocolate, Thai, Italian

Drink: Coffee, Chocolate milk.

Hobbies: Golf, Surfing

Pets: None

Last Book Read: GIANTANAMO 'my journey' - David Hicks & currently reading 'KOKODA' - Peter Fitzsimmons. #



PROFILE#4 ASHLEE BAILIE

DOB: 20/08/1992 **Age:** 20 **Born:** Johannesburg, South Africa **Lives:** Bunbury, Western Australia; Wollongong, NSW; Vitoria, Spain

Institute: New South Wales Institute Sport

Coach: Jamie Turner

Major Achievements:

Junior Silver Medalist World Championship, Beijing, China 2011

2012-13 goals: Top 5 at the 2012 U23 World Championship,

Auckland, New Zealand

Ultimate goal: Be the best Female Triathlete that I can be one day. Make the ride leg count in a triathlon for all my competitors.

Personal: Mum, dad, brothers, sisters): Mum, Kerry Bailie, age group Triathlete, Brother, Ryan Bailie, elite Triathlete, Sister, Alex Bailie, medical student.

Studies/occupation: Studying to become a psychologist.

Something we don't know about you: I am actually really shy.

Other interesting facts: I never wanted to do triathlon professionally. I wanted to study law. However, after seeing my brother giving it a go I decided I wanted to do it as well.

Outside Triathlon: Psychology

Ultimate Relaxation: Books

One thing you can't live without: Dogs. I love my dogs and dogs in general.

Activities away from Triathlon: Not necessarily activities but I enjoy being a normal person. I love getting dressed up!

Favourite:

Sporting Team/s: West Coast Eagles, AFL

Movies: Pride and Prejudice

TV Shows: Whatever is on. No favourites.

Bands/Music: Tegan and Sara, Vampire Weekend

Food: Corn

Drink: Banana Smoothie

Hobbies: Coffee shops

Pets: 2 Chihuahuas- Rambo and Archie

Last Book Read: The Kite Runner

What's your greatest asset: My friends say I have nice hair but I beg to differ.

Who has been the biggest influence on your life: Mum and brother, Ryan Bailie. Coach, Jamie Turner.

Have you encountered any obstacles/setbacks/injuries/illness in your career: Nothing that has taken more than a couple months to recover from.

Athlete in Triathlon: Richard Murray

Athlete: Rafael Nadal, Andy Schleck

Notable Quote: "Anything is possible" #



PROFILE#5 CHARLOTTE MCSHANE

DOB: 14/08/90 **Age:** 22 **Born:** Scotland **Hometown:** Bairnsdale, Victoria **Lives:** Wollongong, NSW

Coach: Jamie Turner

Institute: NSWIS

Sponsors: NSWIS, Scody, Saucony, Snugg Wetsuits, Giant, Spearman Cycles

Major Achievements:

4th Tiszaujvaros World Cup 2012

4th Tongyeong World Cup 2012

2012-13 goals: To improve every race **Ultimate goal:** Olympics

Personal:

Something we don't know about you: I'm vegetarian

What I love about Triathlon: Travelling and the people I meet
Other interesting facts: Moved to Australia from Scotland when I was 15

Ultimate Relaxation: Walking for no purpose

One thing you can't live without: Make up

Activities away from Triathlon: Mountain biking, hand standing

Favourite:

Movies: The Green Mile

TV Shows: The Inbetweeners, The Chasers War on Everything, Pretty Little Liars

Bands/Music: Britney, Eminem, Kanye West, The Streets, Rihanna, Lana Del Rey

Food: Chickpeas & all things vego!

Drink: Coffee

Hobbies: Shopping, hand standing

Pets: I have 3 puppies

Last Book Read: Richard Branson's Autobiography

Who has been the biggest influence on your life:

My parents & my coach

Have you encountered any obstacles in your career:

Everyday is an obstacle! ;)

Athlete in Triathlon: All of my training squad are my favourites

Athlete: Muhammad Ali

Notable Quote: "When nothing seems to help, I go and look at a stonecutter hammering away at his rock perhaps a hundred times without as much as a crack showing in it. Yet at the hundred and first blow it will split in two, and I know it was not that blow that did it - but all that had gone before." Jacod Riis. #

TRI-FACTA

Michellie Jones won Australia's first ever ITU World Championship medal in Queensland in 1991, a bronze. She went on to win successive gold in 1992 and 1993 but wasn't back on the podium until 1997 when she completed the first women's sweep with Carney and Gallagher. She would go on to win another four medals, her final podium finish a bronze in Queenstown behind Emma Snowsill in 2003. A remarkable 13-year world championship record between 1991 and 2003 and a total of eight medals two gold, two silver and four bronze.



PROFILE#6 NATALIE VAN COEVORDEN

DOB: 22/12/1992 **Age:** 19 **Born:** Campbelltown, NSW **Lives:** Glen Alpine, NSW

Coach: Jamie Turner

Major Achievements:

Making Junior Worlds, Beijing 2011 and Under 23 Worlds, Auckland in 2012
27th Madrid World Championship Series 2012
Tongyeong World Cup 2012- 5th place

2012-13 goals:

Top 20 in World Championship Series Races
Podium at World Cups
Make World Championships, London 2013

Ultimate goal: Olympics!

Personal: Mum- Hope, Dad- Harry and Brother- Adam and the dog- Keesha

Studies/occupation: Sports and Exercise Science, Charles Darwin University

Something we don't know about you: I only started triathlon under 2 years ago now. I used to swim long distances, 5km and 10km open water swims at Australian level. I can be smart when I want to be, 91 ATAR in my HSC.

Other interesting facts: I am a compulsive baker and renowned Masterchef

Ultimate Relaxation: The beach!!

One thing you can't live without: My phone

Activities away from Triathlon: Adventure activities- Sky diving, hang gliding, bush walking

Favourite:

Sporting Team: Sydney Swans

Movies: Crazy Stupid Love

TV Shows: Home and Away

Bands/Music: Anything

Food: Muesli and Yogurt

Drink: Cordial

Hobbies: Baking, playing wii, Adventure activities

Pets: Keesha- dog

Last Book Read: 50 Shades of Grey

What's your greatest asset: My legs

Who has been the biggest influence on your life:

My training partners- I wouldn't finish the day without them.

Have you encountered any obstacles/setbacks/injuries/illness in your career: If I could say any, the obstacle of learning to stay on my bike, I got too many battle scars!

Athlete in Triathlon: Erin Densham

Athlete: Matthew Mitchum

Notable Quote: "When you can't change the direction of the wind - adjust your sails." ♣

JUNIOR PROFILES

MEN

Marcel Walkington (VIS)
Kenji Nener (WA)
Joel Tobin-White (VIC)

WOMEN

Tamsyn Moana-Veale (NSWIS)
Ellie Salthouse (QLD)
Emily Bevan (QLD)



PROFILE#1 KENJI NENER

DOB: 26/05/1993 Age: 19 Born: Perth Lives: Perth

Coach: Chris Lang

Major Achievements:

Finished 2nd at AUS & Oceania Junior Champs (Devonport) behind Marcel Walkington
Finished 2nd overall in AUS Junior Series behind Marcel as well.
Part of the NTA program (along with Joel Tobin White and Marcel Walkington)
Finished 7th in Amakusa & Gamagori Asian Cup Triathlons on NTA Young Guns Tour.
Studying actuary science at UWA in Perth (academically very smart!!!!).

2012-13 goals:

Podium World Championships Junior; World Cup Top 10; Continental Cup podiums
Ultimate goal: Olympic top 10 and to become a head actuary for a corporate company

Personal: Single and family of three

Studies/occupation: University: Curtin

Something we don't know about you: I lived in the USA for a year on a naval base

Interesting facts: Received National distinctions for nat. mathematics

Other sport: Golf and Tennis

Ultimate Relaxation: Beach

One thing you can't live without: Music

Activities away from Triathlon: Golf and Pool

Favourite:

Sporting Team: Arsenal

Movies: Fracture

TV Shows: Modern family

Bands/Music: TI, Eskimo Joe, Paramore

Food: Japanese

Drink: Coke

Pets: Fish

Last Book Read: Q84 Mirukami

What's your greatest asset: Intellectual ability in mathematics and co-ordination

Who has been the biggest influence on your life:

Coach and Family

Have you encountered any obstacles/setbacks/injuries/illness in your career: Yes. School. I did not fit into a learning

environment dictated by one set of principles. There was no space to use your imagination.

Favourite:

Athlete in Triathlon: Brad Kahlefeldt and Peter Robertson

Athlete: Vincenzo Nibali (Italian professional road cyclist, known as The Shark of the Strait"

Notable Quote: "To use anything less than your full ability is a waste. To manifest yourself in the mistakes you have made, gains nothing. To learn the reason why those mistakes were made gains everything." #

TRI-FACTA

Did you know Australia is the only country to fill all three places on the ITU Podium and they have done it three times! Greg Welch, Brad Bevan and Stephen Foster were the first in 1990 in Australia; the second to Emma Carney, Jackie Gallagher and Michelle Jones in Perth, in 1997 and Loretta Harrop, Gallagher and Carney in Montreal in 1999.



PROFILE#2 JOEL TOBIN-WHITE

DOB: 02/03/1994 **Age:** 18 **Born:** Melbourne **Lives:** Box Hill, Melbourne **Institute:** VIS

Coaches: Simon Knowles (Run-Tim O'Shaughnessy, Swim-Vladimir Stanisavljevic, VIS-Jan Rehula)

Major Achievements:

2009 AUS Cross Country Champs NOWRA -2nd
 2011 AUS Cross Country Champs STROMLO-3rd
 2011/12 Junior National Series Race 2 CANBERRA-1st
 2011/12 Junior National Series Race 3 DEVONPORT (Aus +Oceania Champs)-3rd

2012-13 goals: Podium at the Junior World Triathlon Championships in London 2013
 Ultimate goal: Podium at the Olympics

Personal

Family: Mum, Dad, Sister and a dog called Bruce
Studies/occupation: Koonung Secondary College
Something we don't know about you: I'm a film, fashion and electronic music enthusiast.

Other interesting facts: I can bench press just under 200kg
Outside Triathlon: School and catching up with pals.
Ultimate Relaxation: Laying in bed watching films.
One thing you can't live without: Internet connection
Activities away from Triathlon: No time in year 12 but hopefully film making when I've finished school.

Favourite

Sporting Teams: Essendon Bombers and Ravens Triathlon Clan
Movies: I have plenty but American Beauty, The Usual Suspects and anything by Tarantino/Kubrick
TV Shows: Suits and Breaking Bad
Bands/Music: Again, I have too many but Moby, Fatboy Slim, Deadmau5 and Major Lazer to name a few.
Food: Woodfire pizza and various seafoods.
Drink: Chinotto, Black Coffee and various T2 concoctions.

Hobbies: Watching films, listening to music off hypem.com, online shopping, browsing reddit.com or hypebeast.com

Pets: Bruce my dog

Last Book Read: The Book Thief. It was absolutely amazing.

What's your greatest asset: Sense of humour

Who has been the biggest influence on your life: Parents

Have you encountered any obstacles/setbacks/injuries/illness in your career: Bone Spur removal on my left foot, broken wrist this year and a lot of illness to go with it.

Athlete in Triathlon: Jan Frodeno

Athlete: Tony Martin, Alberto Contador

Notable Quote: "If you can't win, make the fellow ahead of you break the record." #



PROFILE#3 MARCEL WALKINGTON

DOB: 01/06/1993 Age: 19 Born: New Zealand Lives: Beaumaris, Victoria Institute: Victoria

Coaches: Richard Stewart, Jan Rehula

Major Achievements:

1st Australian junior triathlon series round 1- Runaway Bay 2011 December
1st Oceania and Australian ITU junior championships, Devonport 2012 March
11th Kinloch continental cup February 2012

2012-13 goals:

Place top 5 at Junior Worlds
Compete in triathlon world cups
Improve ITU ranking

Ultimate goal: Olympic gold medal, World elite champion

Family: Single. I have one younger sister, 16 years old.

Studies/occupation: University-Studying science at Melbourne of University. Will hopefully achieve some sort of Engineering degree from this

Something we don't know about you: I don't eat salad. Do not like the taste
Ultimate Relaxation: Lying down and closing my eyes

One thing you can't live without: Sunshine and beaches
Activities away from Triathlon: Relaxing, visiting the beach

Favourite

Food: Marzipan

Drink: Juice, some sort of tropical fruit juice or fruit smoothie

Pets: Cat. Her name is sox.

Last Book Read: Looking good dead-Peter James

What's your greatest asset: Enjoying training and always wanting to wake up early for the fast morning rides with Jan.

Who has been the biggest influence on your life: Coaches, family.

Have you encountered any obstacles/setbacks/injuries/illness in your career: Many. Every day has obstacles in itself for instance getting homework completed or even completing a training session when the weather isn't too appealing.

Favourite Athlete in Triathlon: Brendan Sexton.

Athlete: Tony Martin (German professional road cyclist)

Notable Quote: 'Shut up legs'- Jens Voigt #



PROFILE#4 EMILY BEVAN

DOB: 03/09/1993 **Age:** 19 **Born:** Brisbane, QLD **Lives:** Burpengary, QLD **Institute:** DAT Racing

Coach: Dan Atkins

Major Achievements

2012- Canberra Junior race- 2nd
2012- Osaka Asian Cup- 5th
2012- Chengdu Asian Cup- 10th

2012-13 goals: National Series

Ultimate goal: The Olympics

Family: Single, mum-Mandy, Dad- James, sister- Melanie

Studies/occupation: QUT- bachelor of health science (paramedics) full time.

Something we don't know about you: Only came to the realization this year that I want to take triathlons seriously

Outside Triathlon: Catching up on University work, meeting up with friends

Ultimate Relaxation: Post training coffee dates with my DAT peeps

One thing you can't live without: Coffee

Activities away from Triathlon: Sleeping, University

Favourite:

Sporting Teams: Brisbane Broncos, DAT Racing

Movies: The Hangover

TV Shows: Grey's Anatomy

Bands/Music: Dan's road trip playlist

Food: Chocolate

Drink: Coffee

Pets: Dog

Last Book Read: A University textbook

What's your greatest asset: Never giving up

Who has been the biggest influence on your life: Parents-supported any decision I've made. Dan Atkins- First person to support my triathlon aspirations

Have you encountered any obstacles/setbacks/injuries/illness in your career: 2 stress reactions this year

Athlete in Triathlon: All the athletes I train with: they are all amazing people and are the reason I love the sport.

Athlete: DAT Athletes

Notable Quote: "Eat clean, train dirty" #



PROFILE#5 TAMSYN MOANA-VEALE

DOB: 1st July 1993 **Age:** 19 **Born:** Christchurch, New Zealand **Lives:** Training base in Wollongong, NSW or Vitoria-Gasteiz, Spain

Institute: NSWIS
Coach: Jamie Turner

Major Achievements:
 2011 Australian Junior Champion, Geelong
 2012 2nd place, Cremona Premium European Cup, Italy

2012-13 goals: Top 5 at an ITU World Cup; Start at a WTS race.
 Ultimate goal: Olympics

Personal:
 Family: Only child
Studies/occupation: Business law via Open Universities Australia
Something we don't know about you: I'm part Maori
Other interesting facts: I have a fear of drowning
Ultimate Relaxation: Lying in front of the fire at home with one of Dad's Asterix Comics
One thing you can't live without: My iPhone.

Favourite:
Sporting Team: All Blacks
Movies: The Lion King
TV Shows: Community, older Simpsons episodes
Food: Milo Drink: Milo

Hobbies:
Pets: Two dogs- Zeppelin and Blue and two cats- Ally and Remy
Last Book Read: The Hitchhikers Guide to the Galaxy

What's your greatest asset: The support I get from my parents.
Who has been the biggest influence on your life: My coach, Jamie Turner
Have you encountered any obstacles/setbacks/injuries/illness in your career: I've been really lucky so far

Athlete in Triathlon: Andrea Hewitt
Athlete: Mark Cavendish
Notable Quote: "Get comfortable with the uncomfortable." #



PROFILE#6 ELLIE SALTHOUSE

DOB: 09/03/93 **Age:** 19 **Born:** Brisbane QLD **Lives:** Brisbane QLD

Coach: Warwick Dalziel

Major Achievements:
 Youth Olympics silver medal x2 (individual and team) 2010 Singapore;
 U20 Australian School Sport Champion 2010 Adelaide;
 17th Edmonton World Cup 2011 Canada;
 1st Australian Junior series race 2012 Canberra

2012-13 goals: Win junior world champs, race in the WTS series, win a Continental Cup, podium in a world cup

Ultimate goal: Olympic gold medal

Personal:
 Family: Mum - Sonya Salthouse; Dad - Kim Salthouse; Brother -

Grant Salthouse
Studies/occupation: Attended Moreton Bay College
Something we don't know about you: I waitress at a café twice a week
Ultimate Relaxation: Lying on the beach
One thing you can't live without: My Macbook

Favourite:
Movies: The Blind Side
TV Shows: Home and Away, Modern Family
Bands/Music: R&B, pop
Food: mum's lasagna, cookies and cream ice cream
Drink: Coffee

Hobbies: Cooking sweet treats

Pets: A dog called Max

Last Book Read: 50 Shades of Grey

Who has been the biggest influence on your life: Loretta Harrop

Have you encountered any obstacles/setbacks/injuries/illness

in your career: Shin splints, fractured elbow and a navicular stress fracture. They have only made me stronger though.

Athlete in Triathlon: Erin Densham

Notable Quote: "Pain is temporary, winning lasts forever" #



2012 AGE GROUP WORLD CHAMPIONSHIPS TEAM

NO.	FIRST NAME	LAST NAME	GENDER	STATE	AGE GROUP	DISTANCE
3	Freya	Aisbitt	F	ACT	16-19	Sprint
8	Louise	Arrigo	F	VIC	30-34	Sprint
10	Bonnie	Atherton	F	QLD	16-19	Sprint
11	Janice	Avery-Spoor	F	QLD	55-59	Olympic
12	Kerry	Baillie	F	WA	45-49	Olympic
14	Renee	Baker	F	WA	25-29	Sprint
16	Esther	Barker	F	VIC	25-29	Olympic
17	Jodie	Barker	F	ACT	35-39	Sprint
18	Kelsey	Barker	F	QLD	20-24	Olympic
19	Rebecca	Barnard	F	VIC	30-34	Olympic
21	Janine	Barrow	F	WA	35-39	Sprint
25	Barb	Beard	F	NSW	50-54	Olympic
26	Georgina	Beech	F	VIC	20-24	Sprint
28	Sam	Beh	F	QLD	35-39	Olympic
29	Kristy	Bell	F	QLD	20-24	Olympic
33	Bernadette	Berlyn	F	NSW	50-54	Olympic
34	Virginie	Bernard	F	VIC	35-39	Olympic
35	Anna	Bewley	F	NSW	16-19	Sprint
38	Helen	Bird	F	NSW	30-34	Sprint
42	Vicki	Blood	F	VIC	45-49	Olympic
44	Francesca	Boase	F	NSW	35-39	Olympic
45	Stephanie	Bodak	F	QLD	25-29	Olympic
48	Sarah	Bone	F	VIC	30-34	Olympic
52	Sarah	Brazenor	F	NSW	40-44	Olympic
57	Helen	Bretten	F	NT	45-49	Sprint
61	Caroline	Brooks	F	QLD	50-54	Sprint
62	Gabrielle	Brown	F	ACT	25-29	Olympic
65	Penny	Brown	F	VIC	25-29	Olympic
69	Nicole	Bruce	F	ACT	40-44	Sprint
70	Cheryl	Bruce	F	NSW	60-64	Sprint
73	Michelle	Burns	F	ACT	40-44	Sprint
75	Stephanie	Burstall	F	QLD	16-19	Sprint
76	Nolene	Byrne	F	VIC	30-34	Sprint
80	Andree	Carr	F	WA	50-59	Olympic
83	Catriona	Cater	F	NSW	50-54	Olympic
87	Melissa	Chamberlain	F	QLD	35-39	Sprint
89	Tamara	Chapman	F	NSW	35-39	Sprint
90	Catherine	Chatterton	F	NSW	40-44	Sprint
91	Michael	Check	F	VIC	35-39	Olympic
94	Kate	Clark	F	TAS	25-29	Sprint
95	Gayelene	Clews	F	ACT	50-54	Sprint
97	Melinda	Cockshutt	F	NSW	35-39	Olympic
98	Elyza	Codner	F	QLD	20-24	Olympic
102	Jennifer	Collier	F	VIC	30-34	Olympic
103	Luke	Collyer	F	SA	30-34	Sprint
104	Emma	Coman-Jeffries	F	QLD	20-24	Olympic
105	Stephanie	Condon	F	VIC	35-39	Olympic
109	Millicent	Coote	F	VIC	20-24	Olympic
112	Joanne	Cowan	F	NSW	55-59	Olympic
116	Alison	Croser	F	NT	45-49	Sprint
119	Maureen	Cummings	F	QLD	50-54	Sprint
120	Tania	Curley	F	NSW	40-44	Sprint

NO.	FIRST NAME	LAST NAME	GENDER	STATE	AGE GROUP	DISTANCE
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122	Therese	Daamen	F	QLD	60-64	Sprint
124	Eleanor	Dally	F	NSW	55-59	Sprint
125	Janet	Darby	F	TAS	50-54	Olympic
128	Nicole	David	F	QLD	40-44	Sprint
129	Angela	Davie	F	NSW	50-54	Olympic
130	Lynn	Davies	F	QLD	35-39	Olympic
131	Nicki	Davies	F	VIC	45-49	Sprint
136	Margot	De Gannes	F	QLD	60-64	Olympic
138	Felicity	Deane	F	QLD	35-39	Olympic
141	Fleur	Dennis	F	QLD	40-44	Olympic
142	Laura	Dennis	F	QLD	16-19	Sprint
145	Grace	Deveson	F	VIC	20-24	Olympic
147	Lyndal	Dew	F	VIC	20-24	Olympic
148	Sarah	Dick	F	NSW	30-34	Olympic
153	Emma-Lise	Donati	F	VIC	30-34	Olympic
154	Emily	Donker	F	QLD	20-24	Olympic
156	Sandra	Donnelly	F	NSW	50-54	Sprint
157	Susan	Donoghoe	F	ACT	50-54	Sprint
163	Carla	Doyle	F	QLD	20-24	Olympic
166	Katy	Duffield	F	WA	25-29	Olympic
167	Sarah	Duffield	F	WA	25-29	Sprint
172	Courtney	Dutton	F	QLD	20-24	Olympic
175	Merinda	Eckart	F	QLD	25-29	Sprint
178	Lauren	Elliott	F	VIC	30-34	Olympic
179	Sarah	Ellis	F	TAS	25-29	Sprint
180	Fiona	Ellis	F	WA	45-49	Olympic
182	Kim	Elvery	F	NSW	55-59	Olympic
183	Jennifer	Erskine	F	VIC	30-34	Sprint
184	Jessica	Faulks	F	ACT	30-34	Sprint
185	Trudy	Fenton	F	SA	50-54	Olympic
187	Zoe	Ferguson	F	VIC	35-39	Olympic
188	Janet	Ferguson	F	WA	35-39	Olympic
191	Sarah	FitzGerald	F	TAS	40-44	Olympic
192	Jessica	Fleming	F	QLD	35-39	Olympic
193	Elyse	Foster	F	NSW	16-19	Sprint
196	Lotte	Franks	F	QLD	35-39	Olympic
198	Ellen	Fraser	F	NSW	16-19	Sprint
200	Lisa	Frost	F	NSW	45-49	Olympic
202	Kate	Fryer	F	QLD	30-34	Sprint
203	Anna	Fuller	F	QLD	35-39	Sprint
205	Jenna	Fulton	F	QLD	18-19	Olympic
206	Tonette	Fung	F	NSW	35-39	Sprint
211	Fleur	Garton	F	NSW	25-29	Sprint
215	Kate	Gibney	F	QLD	40-44	Olympic
217	Jenny	Gilbert	F	NSW	50-54	Olympic
218	Jane	Givney	F	NSW	55-59	Olympic
224	Suzette	Gordon	F	QLD	50-54	Sprint
225	Elizabeth	Gordon	F	NSW	25-29	Olympic
230	Kate	Grattan	F	QLD	30-34	Olympic
232	Yasmin	Grigaliunas	F	QLD	35-39	Olympic
236	Jennifer	Gunn	F	QLD	55-59	Sprint
237	Aeolyn	Gwynne	F	QLD	25-29	Sprint
239	Jacki	Hagger	F	ACT	45-49	Olympic
240	Niki	Hale	F	NSW	40-44	Sprint
241	Rachael	Hamblin	F	QLD	30-34	Olympic
243	Catharina	Hamilton	F	QLD	60-64	Olympic
244	Elizabeth	Hammond	F	SA	55-59	Olympic
245	Tineke	Hancey	F	WA	30-34	Olympic
246	Katherine	Hancock	F	QLD	25-29	Olympic
247	Leela	Hancox	F	QLD	30-34	Sprint
251	Anne	Hardy	F	TAS	40-44	Sprint
252	Deanna	Hardy	F	QLD	20-24	Olympic
259	Sophie	Hawken	F	VIC	30-34	Sprint
261	Erin	Heard	F	SA	25-29	Olympic
262	Cyrma	Hearn	F	VIC	35-39	Olympic
263	Alicea	Heffernan	F	nsw	30-34	Olympic
265	Lee-Anne	Hellberg	F	QLD	30-34	Olympic
267	Lorna	Hepburn	F	QLD	50-54	Olympic
268	Donna	Hickey	F	NSW	50-54	Sprint
269	Sarah	Hickey	F	NSW	20-24	Sprint
276	Sarah	Hopkins	F	NSW	55-59	Sprint
277	Penelope	Hosken	F	VIC	25-29	Sprint
278	Skye	Howie	F	QLD	45-49	Olympic
279	Julie	Howle	F	NSW	40-44	Olympic
280	Zoe	Hubball	F	SA	35-39	Sprint
283	Nicola	Hutchinson	F	QLD	40-44	Olympic
284	Claire	Huygens	F	QLD	20-24	Olympic
285	Michelle	Hynd	F	ACT	25-29	Olympic
287	Kristyn	Ibrihim	F	VIC	30-34	Sprint
289	Janice	Iredale	F	NSW	65-69	Sprint



NO.	FIRST NAME	LAST NAME	GENDER	STATE	AGE GROUP	DISTANCE
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290	Kym	Ireland	F	ACT	25-29	Sprint
291	Catherine	Jackson	F	ACT	40-44	Sprint
293	Emma	Jeffcoat	F	NSW	16-19	Sprint
295	Annelise	Jefferies	F	QLD	20-24	Olympic
297	Belinda	Johnson	F	NSW	30-34	Olympic
300	Stephanie	Johnston	F	QLD	50-54	Olympic
301	Nicole	Jones	F	VIC	40-44	Olympic
314	Julie	Kerr	F	WA	60-64	Olympic
315	Melinda	Keynes	F	QLD	25-29	Sprint
316	Kathryn	King	F	NSW	55-59	Sprint
321	Sarah	Koen	F	NSW	35-39	Sprint
322	Lindy	Kronen	F	SA	45-49	Sprint
323	Lisa	Krzys	F	SA	25-29	Sprint
325	Eliza	Kwan	F	ACT	25-29	Olympic
326	Christina	Ladyman	F	WA	30-34	Sprint
327	Valma	Lambert	F	SA	70-74	Olympic
333	Olivia	Latimer	F	QLD	30-34	Olympic
339	Sarah	Lester	F	VIC	25-29	Sprint
342	Rebecca	Lewis	F	WA	30-34	Sprint
345	Eleisha	Lilley	F	VIC	25-29	Olympic
346	Joanna	Lilley	F	NSW	25-29	Olympic
347	Hannah	Linde	F	QLD	25-29	Sprint
349	Kate	Lister	F	NSW	25-29	Olympic
352	Rosemary	Longstaff	F	QLD	60-64	Sprint
354	Carmen	Low	F	QLD	35-39	Sprint
358	Georgina	Macdonald	F	TAS	45-49	Sprint
360	Briarna	Mackie	F	QLD	25-29	Olympic
362	Margo	Mackintosh	F	QLD	30-34	Sprint
366	Luana	Main	F	VIC	25-29	Olympic
368	Alice	Manchon	F	QLD	20-24	Olympic
372	Morgan	Marsh	F	WA	30-34	Sprint
375	Traci	Martina	F	NSW	45-49	Olympic
376	Eugine	Martinz	F	QLD	45-49	Sprint
379	Clare	McCann	F	NSW	20-24	Sprint
381	Hannah	McClusky	F	ACT	16-19	Sprint
382	Karen	McConnell	F	SA	55-59	Sprint
384	Sharleen	Mccormack	F	NSW	45-49	Sprint
387	Tina	McEvoy	F	NSW	45-49	Olympic
388	Rosemary	McGeoch	F	QLD	35-39	Olympic
391	Jillian	McKenzie	F	VIC	45-49	Olympic
392	Patricia	McKibbin	F	NSW	25-29	Olympic
393	Claire	McLean	F	WA	Para	Para Category 4 Sprint
396	Rhonda	McSweeney	F	QLD	40-44	Olympic
400	Vivian	Mepstead	F	NSW	45-49	Sprint
401	Robyn	Metcher	F	VIC	50-54	Olympic
405	Kylie	Mildren	F	NSW	40-44	Olympic
412	Rachel	Monahan	F	NSW	40-44	Olympic
414	Christine	Moore	F	TAS	45-49	Olympic
416	Katherine	Morris	F	NSW	35-39	Sprint
417	Michelle	Morwood	F	NSW	30-34	Sprint
420	Katie	Mortimer	F	VIC	25-29	Olympic
426	Angela	Murray	F	NSW	60-64	Sprint
427	Susan	Murray	F	NSW	50-54	Olympic
433	Morgan	Nicholls	F	NSW	16-19	Sprint
434	Susan	Nicholson	F	NSW	50-59	Olympic
435	Louisa	Nicola	F	NSW	25-29	Sprint
438	Rebecca	Nunn	F	QLD	20-24	Olympic
442	Linda	O'Connor	F	QLD	45-49	Sprint
443	Jacinta	O'Connor	F	WA	45-49	Olympic
445	Kate	O'Keeffe	F	VIC	35-39	Sprint
447	Denise	O'Loghlen	F	VIC	40-44	Sprint
448	Krissa	O'Neill	F	ACT	50-54	Olympic
449	Patrice	O'Neill	F	NSW	25-29	Sprint
450	Andrea	Oracki	F	NSW	25-29	Olympic
451	Michelle	O'Toole	F	VIC	45-49	Olympic
453	Natasha	Paffett	F	SA	20-24	Olympic
458	Alecka	Patralakis	F	WA	30-34	Sprint
462	Cassandra	Percival	F	QLD	30-34	Olympic
463	Sarah	Perkins	F	SA	35-39	Olympic
471	Julianne	Quaine	F	ACT	50-54	Olympic
472	Frances	Quane	F	QLD	50-54	Olympic
475	Bridget	Reilly	F	NSW	16-19	Sprint
476	Karen	Reimann	F	NSW	35-39	Olympic
478	Georgia	Rhodes	F	NSW	40-44	Olympic
483	Lauren	Robertson	F	NSW	35-39	Sprint
484	Kate	Robertson	F	NT	25-29	Olympic
486	Elizabeth	Rogers	F	NSW	30-34	Olympic
489	Ayla	Rudgley	F	ACT	16-19	Sprint
490	Katherine	Ryan	F	WA	40-44	Olympic
492	Susan	Rymer	F	ACT	45-49	Sprint



NO.	FIRST NAME	LAST NAME	GENDER	STATE	AGE GROUP	DISTANCE
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495	Kathryn	Sandford	F	SA	20-24	Sprint
499	Cara	Schadel	F	QLD	25-29	Sprint
500	Shelley	Scholten	F	NSW	45-49	Olympic
503	Mary-Ann	Seebeck	F	VIC	40-44	Sprint
504	Elena	Sheridan	F	SA	60-64	Sprint
508	Coreena	Simmonds	F	VIC	40-44	Olympic
510	Elizabeth	Sinclair	F	WA	40-44	Sprint
511	Penelope	Sinton	F	NSW	35-39	Sprint
514	Denyse	Skipper	F	NSW	25-29	Sprint
515	April	Sloan	F	QLD	20-24	Sprint
519	Linda	Solly	F	VIC	35-39	Olympic
520	Belinda	Soszyn	F	NSW	55-59	Sprint
521	Heidi	Sowerby	F	QLD	40-44	Olympic
522	Tracey	Spindler	F	NSW	40-44	Sprint
523	Jodie	Spottiswood	F	QLD	25-29	Olympic
526	Susan	Stanton	F	NSW	35-39	Sprint
527	Helen	Stark	F	QLD	40-44	Sprint
528	Clare	Starr	F	ACT	50-54	Sprint
530	Sheri	Stephens	F	NSW	40-44	Sprint
531	Julie	Stevens	F	SA	45-49	Sprint
533	Kylie	Stewart	F	NSW	40-44	Sprint
534	Monica	Stewart	F	NT	60-64	Sprint
536	Jennifer	Strack	F	QLD	50-54	Sprint
537	Aimee	Sutton	F	NSW	25-29	Olympic
539	Taryn	Swan	F	QLD	30-34	Sprint
541	Narelle	Talbot	F	NSW	45-49	Olympic
552	Gina	Theron	F	QLD	18-19	Olympic
554	Elizabeth	Thomas	F	QLD	45-49	Olympic
555	Melanie	Thomas	F	ACT	30-34	Olympic
556	Ashley	Thomas	F	NSW	20-24	Sprint
558	Christina	Thorne	F	ACT	35-39	Sprint
565	Merryn	Truskett	F	NSW	45-49	Sprint
570	Lyndell	Van de Walle	F	NSW	40-44	Olympic
571	Christelle	Van Niekerk	F	NSW	35-39	Sprint
573	Belinda	Vardy	F	NSW	40-44	Sprint
577	Kristen	Walker	F	ACT	60-64	Olympic
578	Sophie	Walker	F	QLD	16-19	Sprint
580	Rowena	Walker	F	NSW	45-49	Sprint
581	Christine	Walker	F	QLD	20-24	Olympic
585	Sara	Ward-Collins	F	NSW	40-44	Sprint
586	Janelle	Ware	F	NSW	40-44	Olympic
587	Genelle	Warne	F	NSW	50-54	Olympic
590	Sarah	Webb	F	QLD	50-54	Olympic
592	Susanna	Webber	F	WA	35-39	Olympic
593	Clare	Webber	F	NSW	35-39	Olympic
596	Rae	Wells	F	ACT	55-59	Olympic
597	Catherine	West	F	NSW	40-44	Olympic
600	Skye	Whitcher	F	SA	25-29	Olympic
601	Clare	White	F	QLD	20-24	Olympic
602	Tammy	White	F	NSW	45-49	Sprint
603	Hayley	White	F	VIC	30-34	Sprint
605	Christina	Whiteside	F	QLD	45-49	Sprint
606	Ceinwyn	Whittaker	F	ACT	50-54	Sprint
609	Alissa	Williams	F	QLD	25-29	Olympic
610	Kery	Wilson	F	QLD	30-34	Olympic
611	Janelle	Wilson	F	NSW	50-54	Sprint
612	Zoe	Wilson	F	QLD	30-34	Olympic
614	Robyn	Winn	F	NSW	35-39	Olympic
618	Natalie	Wong	F	VIC	30-34	Olympic
621	Rebecca	York	F	VIC	25-29	Sprint
622	Gayle	Young	F	QLD	45-49	Olympic
624	Rochelle	Youngson	F	WA	30-34	Olympic
625	Tracey	Zammit	F	QLD	40-44	Olympic
626	Christine	Zygadlo	F	ACT	45-49	Olympic

